



SPECIAL EQUESTRIANS OF THE TREASURE COAST

NEWSFLASH!



Special Equestrians announces land donation of 24 acres



24 acres of land in Fellsmere have been gifted to Special Equestrians by a donor who wishes to remain anonymous. This contribution will allow SETC to build a handicap accessible therapeutic riding facility with a covered arena. This donation will also enable SETC to become a Premier Accredited Center.

What is PATH International?



Professional Association of Therapeutic
Horsemanship International

Mission: The Professional Association of Therapeutic Horsemanship International (PATH Intl.) promotes safety and optimal outcomes in equine-assisted activities and therapies for individuals with special needs.

Vision: PATH Intl. is a global authority, resource and advocate for equine-assisted activities and therapies and the equines in this work that inspire and enrich the human spirit.

PATH Intl. has set therapeutic riding and equine-assisted activity standards around the world. All Special Equestrians Instructors are certified through PATH Intl. and must meet the association's high standards for safety and teaching. For more information on PATH, visit www.pathintl.org.

Ride Beyond Diagnosis

Ride Beyond Diagnosis is an 8 week program designed to give women cancer survivors a therapeutic outlet.

Instructor Dar Dennis states that "Our mission is to give our students a program that brings positive feelings into their lives by connecting with our horses and sharing our experiences throughout this journey together."

With the help of SETC volunteers and dedicated board members, RBD moves forward into its fifth year with gratitude and hope of "Riding On".



Therapeutic Riding Lessons

Special Equestrians has added an extra dimension to lessons to address the need of improving social skills within our client population. Not only have our riders with autism greatly benefitted from this addition, but we have found that all students enjoy the games and interactions. It has made our lessons more enjoyable and interesting.

Instructor Joan Swiderski notes, "Parents report that their children are more engaged at home and several have mentioned big gains in their interactions with others." We consider this a huge success, especially with the limitations imposed during the COVID crisis.



Students learn to work with others- humans and horses- at Special Equestrians

Student Highlight

We were blessed to have been introduced to Special Equestrians 8 years ago for my son, Adam, who is now a confident rider. His first word was actually on a horse during his therapeutic riding session. He reached his hand out to touch the horse's neck and said "Baby". The horses made such a powerful connection with Adam, which helped him evolve into a more verbal child with Autism.

Adam continues to ride today along with his 2 siblings and it has made an immense impact on all of them. Ilyas, who is 8 absolutely loves riding along with his brother and sister. It is a healing experience to do something so positive and loving with his siblings.

My daughter, Sofia is 4. She has developmental delays and does not walk, however when you see this frail, young child ride a horse, sitting up so straight and confident, you would never know that she has the delays and challenges that she faces.

Horses have been a life-saver for my children who have unfortunately had to deal with many adversities that typical children do not usually struggle with. Special Equestrians has been a blessing for our family and we are so fortunate to have had our experience with them.

-Sarita Hmamly, *Mother of Adam, Ilyas and Sofia*



Adam



Ilyas



Sofia

SETC Wish List

For the Humans

- Paper towels
- Sanitizing wipes
- Water and sports drinks

For the Horses

- Fly Spray
- Horse shampoo
- Mane and Tail detangler
- Lead ropes

Gift Cards

- Audrey's Feed & Tack
- Fellsmere Feed
- Tractor Supply Company
- Amazon

Horse Scoop

Our barn stables 8 horses of various breeds. It takes a special horse to become a therapeutic riding horse! A good equine candidate will be from 14 to 15.2 hands, have smooth gaits, and is in their early to mid-teens. They must possess a good, even temperament, be willing and forgiving. A therapy horse must be able to tolerate unbalanced riders and unclear movements or cues. The good ones just seem to KNOW their jobs! They are patient and unflappable.

Our horses receive regular vaccinations, farrier and dental care as well as appropriate feed, hay and turn out. We are always on the lookout for prospective therapy horses!

Please consider sponsoring a horse! See our website for more information.

Elsa - Elsa is on medical leave for a bowed tendon. Hopefully she can return to work in a few months.

Jewel - Perfect size and smooth gaits, this redhead knows she's special!

Luke - His quiet, regal manner has calmed many a rider.

Peanut - Always the clown!

Picassa - Retired polo pony who would rather go slow!

Prince - He may be little, but he KNOWS he's royalty!

Scotchie - Always the steady girl, she charms the most timid riders.

Squeeze - A kind donation from KnJ Stables in Fort Pierce, he recently passed his trial period with flying colors!

Welcome Squeeze!



Volunteers

Special Equestrians would not be able to do the amazing work it does without the help of incredible volunteers. If you or someone you know would like to get involved, you can find more information on our website, www.specialequestrianstreasurecoast.org.

Thank you volunteers!



How to Donate for our programs or building fund

Online:

www.specialequestrianstreasurecoast.org

Visit our website to make a secure donation through PayPal.

Mail:

PO Box 651312,
Vero Beach, FL 32965

Please make checks payable to:

Special Equestrians of
the Treasure Coast



Thank you to John's Island Foundation for our new Kubota!



Isabel Ernst of Give Back for Special Equestrians presents a check to SETC Executive Director Karen Johnson

Save the Dates 2021

Argentine Asado Barbecue... March 13th
Fun Clay Shoot March 27th
Denim & Diamonds..... April 24th
Gator Trace Golf Outing..... May 22nd

Thank you to our Sponsors

BERNARD EGAN FOUNDATION
"Bear Good Fruit"



GRAND HARBOR
COMMUNITY
OUTREACH
PROGRAM, INC.



Special Equestrians of the Treasure Coast, Inc. is a non-profit 501(c)(3) organization authorized to do business in the State of Florida- Registration #CH16503. A copy of the official registration and financial information may be obtained from the Division of Consumer Services by calling toll-free (800-435-7352) within the state. Registration does not imply endorsement, approval, or recommendation by the state.